



Message From The Headteacher



Art, Drama, Music, Sport, Baking – How do you express yourself? A “Lovely Day” has been played in many houses this week and brought joy to many families. Thank you to everyone for sharing their talents.

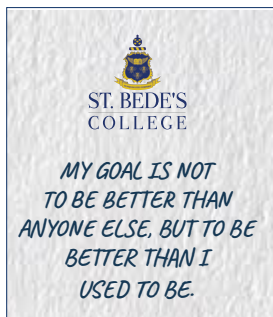
Do you know that St Dymphna is the well-known patron saint of those with mental or nervous disorders or mental illness. If you are feeling a little anxious why not ask St Dymphna for some help? Remember whatever challenges you face there is always somebody who will help you!

Reach out to your friends and keep in touch over the weekend. Well done Malaya on your great charity work! Take care of each other.

Keep safe and remember each other in your prayers.

Mrs S Pike

Headteacher



Theme of the Week

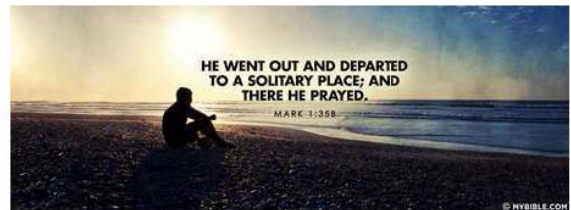
Theme of the Week

Space

“He got up and left the house, and went off to a lonely place and prayed there.” (Mark 1:35)

Challenge:

What could you do this week to give yourself space to pray? Find somewhere that is quiet and you can focus. Maybe you could go to bed ten minutes earlier or get up earlier, so you can have personal space to pray. Challenge yourself to make space and work on your relationship with God.



Prayer:

Lord Jesus, you are the Lord of all, you took our place in sickness and sin so that we could be free. Help us this week to make space for you in my life and not try to fill our lives with unnecessary things.
Amen

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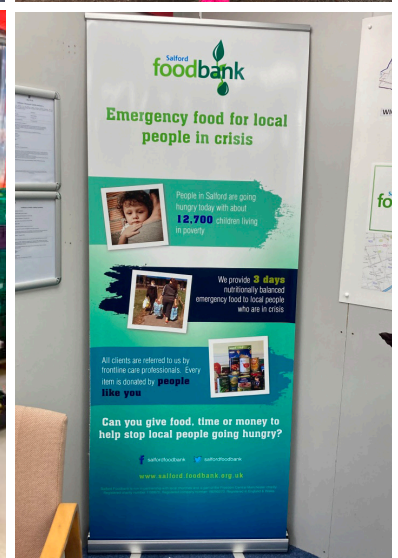
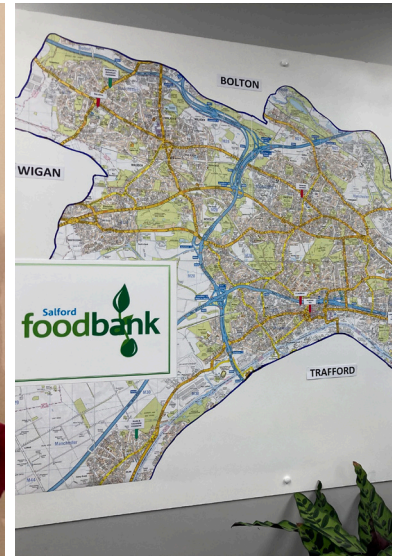
Malaya's Fantastic Fundraising!

On Tuesday 2 February I was proud to have the opportunity to visit Salford Foodbank to drop off various items of food, as well as money I had collected, to support their amazing efforts to help feed hungry families throughout Salford.

I asked my neighbours in Monton if they would like to donate any food items before Christmas and placed a box in the street for people to drop things off if they wanted to and I decided that making and selling Christmas decorations might work and sold these to my neighbours, raising a fantastic £75.00.

My mum and I made an appointment to visit Salford Foodbank to drop the food and money off and the staff there were so happy to receive the goods and made me feel special for trying to do my bit to help. I was amazed how big it was and just how much food was stored there. It is really sad that people need to rely on things like foodbanks but it's also quite inspiring to see all the goods that have been donated and to realise just how generous and caring some members of society can be for others less fortunate.

They told me that most of their donations come from the public or supermarkets and that there is quite a lot of work that goes on before donations make it to families in need, usually via Churches or Charities like 'Loaves and Fishes', who we are all familiar with at St Bede's College. Volunteers at the foodbank have a packing map which shows them where each item is stored and tells them how many of each item should be included. Food parcels are made up to include three meals a day for a period of three days. For families of two people one crate is provided, whereas families of three or more will receive two crates. I was so inspired by what I saw that day, and also how it felt to be able to help, even if only a tiny bit really, that I asked if I could volunteer. Unfortunately, you need to be at least 16 years old to volunteer, although you can also help as part of the Duke of Edinburgh Award which I think you can start aged 14. Maybe by the time I am old enough to help there will not be a need for things like foodbanks, I hope so. It is really sad that in a country like ours there is such poverty too. I suspect that foodbanks will probably still be needed, especially after the last year or so, and if they are, I will definitely be volunteering in the future!



A link to the Foodbank's website:

<https://salford.foodbank.org.uk/>

A donation link:

<https://localgiving.org/charity/salfordfoodbank/>



Remote Learning 2021

The pupils really have expressed themselves in this Children's Mental Health Week, here we have a selection of English work on the novel 'Abomination' by Sam W, Liliella C, Holly E and Malaya F. Some lovely baking from Maeline as well as some artwork by Hannah.

*W.O. Torcobeat
Child of concern report*

11th January 2021

Name: Martha Dewhurst
Age: Twelve
Date of birth: 5.6.1986
Address: 24 Taylor Hill
School attending: Saint Barnabas RC Primary School

Home circumstances as reported by social worker

Martha seems like a very kind girl, reported to have no siblings or close cousins. She avoids any conversation about family and has never spoken to me about her friends. She seems very quiet and speaks to me about schoolwork and being a good pupil like she is. I have heard from her form teacher that her family members never reassure herself about her parents' evening pick her up from school or attend explanation on days when school plays or other activities that she is also always absent. Martha has never attended the yearly residential activity trips that have been held in summer terms, whether this is a financial issue or safety concerns, we are unsure.

School report on health and wellbeing

As Martha's form tutor, I have never seen anyone sit with her at lunch time, as everyone else in the group leaves her out. Despite several general anti-bullying campaigns held over the years, the situation has only changed with the arrival of a new pupil. Scott, picked on by her hostile classmates just the other day, I had to break up a fight behind the

Sports hall, in the playground. Scott and Martha never named the children who started the fight though I must admit, it wasn't really a fight. Scott never actually fought back these kids seriously won't help themselves. Not physically but telling a teacher would really help it's not like anything I've ever seen before. Also, the PE teacher, Mr Chockley, or I mean Cadbury, said that Martha always wears a baggy hoodie and baggy leggings to sports, which gives us no indication of bruises or abuse at home. She always wears a cardigan and stiff pinafore to school. So we have no evidence of any at-home violence at all.

Suggested actions:

If the bullying continues, we will have to inform all members of staff at school about the issue, tell them to keep an eye out for any problems. If Martha looks extremely upset at school for lengthy periods of time, her parents may be contacted. If issues persist, then maybe a social worker will have to visit her home to observe everything going on there.

Child of Concern Report

Name: Martha Dewhurst
Age: 12 years
Date of Birth: 07.09.2008
Address: Taylor Hill, Scratchley
School attending: Southcott Middle School

PHOTOGRAPH

Home circumstances as reported by social worker

I visited Martha at her home on Monday, the third of February. Martha lives with her parents at Taylor Hill in a detached house. The house is tidy but the living conditions are poor and basic. There is no evidence of modern technology like a TV or a computer. The family also don't have mobile phones; there is only a house telephone. Dad is in agency for an insurance company and mum works evening shifts at a soft toy factory. Martha does a lot of the chores at home. I noticed a picture up in the dining room. Six days shall work be done, but on the seventh day is the sabbath of rest' which hints that Martha's family are members of the church of righteous sect. This is supported by the clothes Martha wears which are all worn by the mother - the house felt unwelcoming and the family was very nervous during my visit. I have the feeling they are hiding something. The fact that the family is part of a religious cult raises concern.

School report on health and wellbeing

Martha has an introverted personality and struggles to fit in with her peers. She is an over-achiever. We had a few incidents where we believe others have ganged up on her, but Martha doesn't speak out so we couldn't act on suspicion alone. She comes to school in her own clothes and she also has no computer access at home to complete online homework. This plus the fact that she isn't allowed to go to the Hanglands expedition from one day to another which raises concerns.

Suggested actions

Regular social worker visits and regularly check in with Martha and build a relationship with her.

Name: Martha Dewhurst
Age: 12 years old
Date of birth: 12th June 1984
Address: Taylor Hill
School attending: south cott middle school

Home circumstances:

Martha's clothes are honestly quite ragged. To me this shows that maybe Martha isn't being looked after properly and is concerning me quite a bit.

Secondly Martha looks awfully unhealthy. She is always unusually pale and often looks very uncomfortable. This is extremely concerning as it is important that a child is looked after in every way possible and especially a child's health is so important but at the moment, it doesn't seem like Martha is too healthy. The way she should be.

Health and wellbeing:

Martha doesn't usually talk to her and she is also always so secretive about things. Whenever I try to talk to her, she looks like she wants to say something but it's like she knows she can't.

Suggested actions:

I think that something that would really help would be a home visit. This would help because we can get to know her parents because they never show up to parents evening. It will also show what sort of environment she is living in if it is safe or not for a child of her age to be living in. Also possibly coming into the classroom to have a look at Martha to see if you agree with me and we can agree on what to do about this situation.



Name: Martha Dewhurst
Age: 12
Date of Birth: 7th August 1984
Address: 33 Taylor Hill, Manchester, England M30 8EY
School attending: Southcott Middle

Home circumstances as reported by social worker:

It has been brought to my attention that Martha is often at home all evening by herself and it seems that this is every evening. Her father is an agent for an insurance company and does six rounds at night because that's what everyone is in and her mother works the evening shift at a soft toy factory. I often worry what she does and if she is ok.

Another concern of mine is that Martha's mother makes her clothes, and she gets bullied for this because it draws a lot of attention to her. I never know what I can do about this bullying. At the start of term, I saw her get in a fight, I managed to put a stop to it but the bullying carried on until a few weeks ago. I didn't manage to see who started the fight or who was injured because most people had run away by the time I got there and checked that Martha was ok.

Martha has recently been spending time with Scott which I think has made a small difference. She now has someone to spend lunch times with and she has definitely been a bit happier lately.

School report on health and wellbeing

I have a few concerns about the health and wellbeing of Martha. She doesn't look very healthy if you ask me. She is very thin and is always tired. I don't know if it is because she is not getting enough food at home or if the food she is getting is not healthy. It is possible that she is not drinking. I'm not entirely sure of the reason for this, but it is very noticeable in her appearance.

Martha is very quiet and doesn't really talk about much. I do wonder if she is okay at home. She also doesn't go to PE, she outright refuses. As a teacher we have to look out for cuts, bruises and other things that are happening at home causing her injury such as cuts and bruises and this is why she isn't going to PE.

Suggested actions

In light of the things above, I think that regular home visits should be something to be considered. If it isn't possible, it will just allow us to see if anything worrying is going on at home and she is doing any better, worse or just stay as they are currently.

I also think that an assessment of Martha in person to check for bruises and other concerns is needed. The home visits will give the opportunity to do this too.



Thank you St Bede's College

For supporting all of those without a permanent home during our Advent Appeal 2020

#MiracleOfKindness

Mick Wiggins
Chief Executive

Caritas
Diocese of Salford

A Wicked Wednesday!

On Wednesday this week some of our Performing Arts students took part in a remote West End workshop with well known West End stars Bradley Jaden and Olivia Holding. Both Bradley and Olivia come with years of experience and have performed in hit musicals such as Les Miserables and Wicked.

Bradley has played the role of Fiyero in Wicked and also Enjolras in Les Miserables and currently holds the role of Javert once theatres reopen again. Our students were put through their paces learning original choreography from Wicked and had the opportunity for a Q&A session with Bradley and Olivia. It was definitely the highlight of our week!

Thank you to all who took part and we hope to bring you more workshop experiences very soon.

Miss Smith

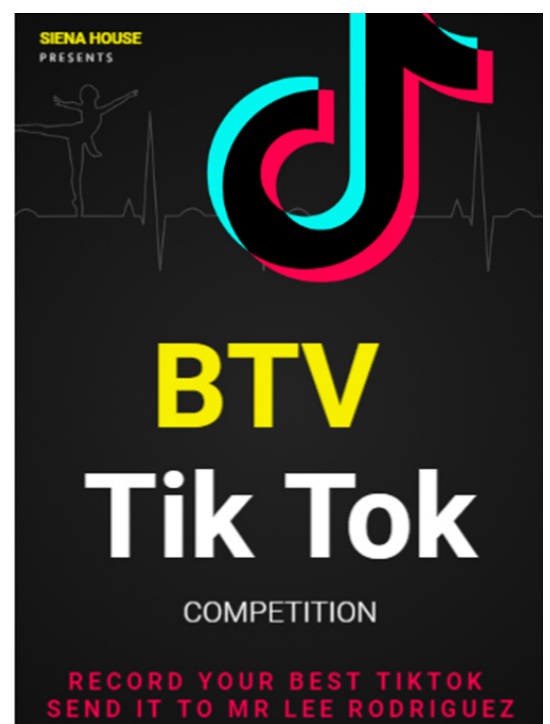


Siena Tik Tok Competition

In the spirit of creativity and wellbeing, this week Mr Lee Rodriguez has challenged Bede's pupils and staff to record their best TikTok video. The challenge is to create something engaging and entertaining, with the best ones winning Commendations and House Points. Parents, pets and siblings are all welcome to get involved too.

Mr Lee Rodriguez got into the creative spirit himself this week, by recording his own TikTok. He also tested his stamina and improved his wellbeing by taking part in Mrs Barber's Lower School Dance Class. Whether you are in Siena House or not, this week is a great opportunity to try something, be creative and have some fun in the process!

Mr Lee Rodriguez





L5 MIC	Kuziva M	Biology
L4 BGY	Michael B	Technology
U5 BOY	Scarlett C	Biology
U3 WLS	Imogen	Geography
L4 MRL	Samuel H	Geography
L4 POG	Darcey B	Geography
U3 DVS	Basima	Geography
U3 DVS	Isaac	Geography
U3 DVS	Alexander	Geography
U3 SUL	Malaya	Geography
U3 SUL	George H	Geography

L5 SIN	Niav	Art
U3 SUL	Malaya	Drama & Fundraising
L4 BGY	Jacinta	French & Religion
U3 WLS	Poppy	French
U3 LEE	Scarlett	French
L4 LVR	Miren	Spanish
L4 PAT	Ruochen	Spanish
U5 PRI	Gerrita	French
L4 PAT	Ben	Form Tutor & Biology
L4 PAT	Maeline	Religion
L4 BGY	Michael	Science

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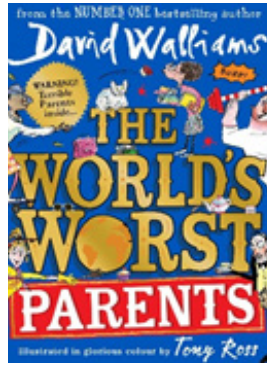


Lockdown Reading

Here are some books recommended this week by Upper Third and Lower Fourth pupils



Samuel enjoyed this Second World War adventure about children separated from their parents

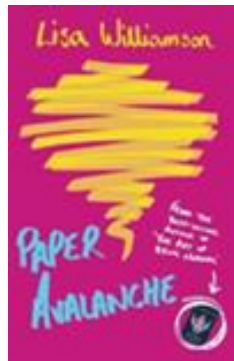
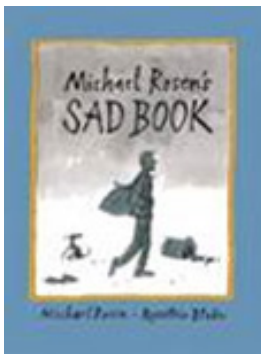


Solomon thought this book was funny, well-written and bonkers!



Kitty enjoyed this one and summed it up as "spooky, mysterious and haunted"

In Children's Mental Health week, it is good to remember that reading can be a wonderful way to explore emotions or tricky situations. Here are some books which feature mental health issues and might be useful.



Booktrust have a really useful list which can be found at <https://www.booktrust.org.uk/booklists/m/mental-health-awareness/> and don't forget that the act of reading itself can help us all relax and escape in these challenging times.

Please email Mrs Poolton with any questions about books or accessing our online resources at kpoolton@stbedescollege.co.uk

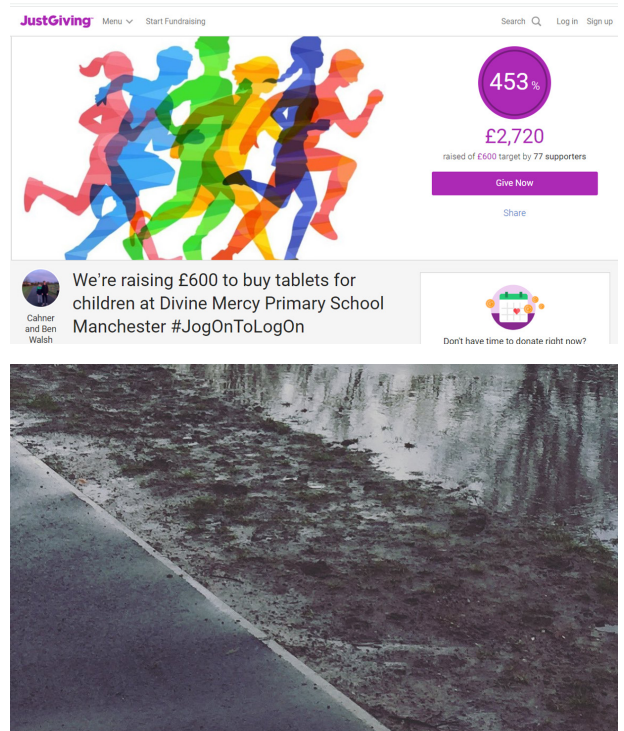
Mrs Poolton

#JogOntoLogOn - Thank You

A final update on Ben and Cahner as they battle rain and snow to raise money to buy tablets for Divine Mercy Primary School.

Dear all, We thank you for your support and help. We will remember fondly the well wishers as we ran. We have now completed the run and are very grateful. Together we have raised £2720. This should enable Divine Mercy to buy almost 20 tablets. Thanks for your support and help and encouragement. Especially thank you for your generosity.

Cahner and Ben



St Bede's Reads

Thank you so much to all who contributed to raising money for St Bede's Reads. We raised a magnificent total of £806. As it was donated before the end of January, the amount has been doubled by the UK government so as result of our efforts and your generosity, £1612 can be used to feed some of the world's poorest children. This amount should feed 100 children for a whole year!

Thank you to all the Upper Third and Lower Fourth pupils who set themselves a reading challenge and to everyone who sponsored them. All contributions are much appreciated, but special mention must go to star fundraiser, Rida from Upper Third who donated a total of £111

Mrs Poolton

THANK YOU!

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Snapchat

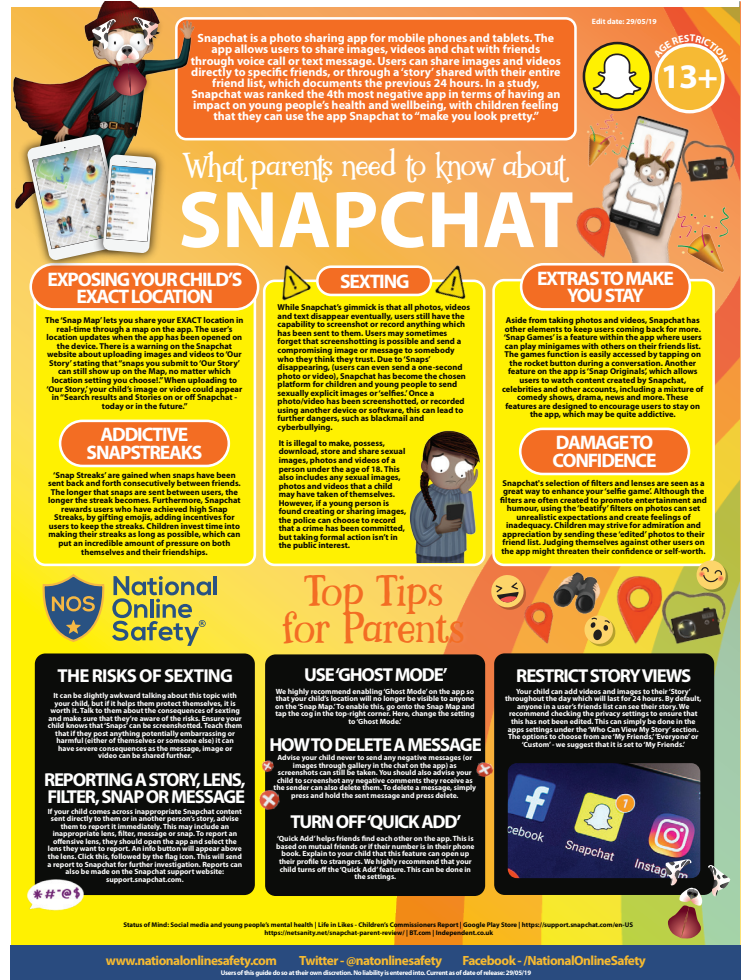
What is Snapchat

Snapchat is a popular messaging app that lets users exchange pictures and videos (called snaps) that are meant to disappear after they're viewed. It's advertised as a "new type of camera" because the essential function is to take a picture or video, add filters, lenses, or other effects and share them with friends.

Tips for Snapchat Privacy

The biggest challenge for parents is that there's no way to see your child's activity in the app in the same way as on other social media platforms. Since there's no feed to scroll, there's not much to monitor. Instead, focus on the privacy settings. If you decide to say yes to Snapchat, sit down with your child and together go into the app's settings (the little gear icon next to your profile image). Scroll down to "Who Can..." This is where you can control important safety features such as who can see your location and who can view your story. This is a perfect time to talk to your child about using their Snapchat account safely and responsibly. Discuss when and how often you'll check in on how they're using it and how they're feeling about it. Explain that you understand that social media is important to them, and, at the same time, your role is to protect them. Don't forget to ask your teen to show you some of their snaps and some of the cool features they like in the app. That'll make it a little less scary for you -- and send the message that you're on the same team.

Mr Parker



What parents need to know about SNAPCHAT

EXPOSING YOUR CHILD'S EXACT LOCATION
The 'Snap Map' lets you share your EXACT location in real-time through a map on the app. The user's location updates when the app has been opened on the device. There is a warning on the Snapchat website about uploading images and videos to 'Our Story' stating that "snaps you submit to 'Our Story' can still show up on the Map, no matter which location setting you choose". When uploading to 'Our Story', your child's image or video could appear in 'Search results and Stories on or off Snapchat - today or in the future'.

ADDICTIVE SNAPSTREAKS
'Snap Streaks' are gained when snaps have been sent back and forth consecutively between friends. The longer that snaps are sent between users, the longer the streak becomes. Furthermore, Snapchat rewards users who have achieved high Snap Streaks, by gifting emojis, adding incentives for users to keep the streaks. Children invest time into making their streaks as long as possible, which can put an incredible amount of pressure on both themselves and their friendships.

SEXTING
While Snapchat's gimmick is that all photos, videos and text disappear eventually, users still have the capability to screenshot or record anything which has been sent to them. Users may sometimes forget that screenshotting is possible and send a compromising image or message to somebody who they think they trust. Due to 'Snap's disappearing' users can even send a one-second photo or video. Snapchat has become the chosen platform for children and young people to send sexually explicit images or 'selfies'. Once a photo/video has been screenshot, or recorded using another device or software, this can lead to further dangers, such as blackmail and cyberbullying. It is illegal to make, possess, download, store and share sexual images, photos and videos of a person under the age of 18. This also includes any sexual images, photos and videos that a child may have taken of themselves. However, if a young person is found creating or sharing images, the police can choose to record that a crime has been committed, but taking formal action isn't in the public interest.

EXTRAS TO MAKE YOU STAY
Aside from taking photos and videos, Snapchat has other elements to keep users coming back for more. 'Snap Games' is a feature within the app where users can play minigames with others on their friends list. The games function is easily accessed by tapping on the rocket button during a conversation. Another feature on the app is 'Snap Originals', which allows users to watch content created by Snapchat celebrities and other accounts, including a mixture of comedy shows, dramas, news and more. These features are designed to encourage users to stay on the app, which may be quite addictive.

DAMAGE TO CONFIDENCE
Snapchat's selection of filters and lenses are seen as a great way to enhance your 'selfie' game. Although the filters are often created to promote entertainment and humour, using the 'Beauty' filters on photos can set unrealistic expectations and create feelings of inadequacy. Children may strive for admiration and appreciation by sending these 'edited' photos to their friend list. Judging themselves against other users on the app might threaten their confidence or self-worth.

Top Tips for Parents

THE RISKS OF SEXTING
It can be slightly awkward talking about this topic with your child, but it's better than not talking about it at all. Talk to them about the consequences of sexting and make sure that they're aware of the risks. Ensure your child knows that 'Snaps' can be screenshot. Teach them that if they post anything potentially embarrassing or harmful (either of themselves or someone else) it can have severe consequences as the message, image or video can be shared further.

REPORTING A STORY, LENS, FILTER, SNAP OR MESSAGE
If your child comes across inappropriate Snapchat content sent directly to them or in another person's story, advise them to report it immediately. This may include an inappropriate lens, filter, message or snap. To report an offensive lens, they should open the app and select the lens they want to report. An 'x' button will appear above the lens. Click this, followed by the flag icon. This will send a report to Snapchat for further investigation. Reports can also be made on the Snapchat support website: support.snapchat.com.

USE 'GHOST MODE'
We highly recommend enabling 'Ghost Mode' on the app so that your child's location will no longer be visible to anyone on the Snap Map. To enable this, go to the Snap Map and tap the cog in the top-right corner. Here, change the setting to 'Ghost Mode'.

HOW TO DELETE A MESSAGE
Advise your child never to send any negative messages (or images) through Snaps. You should also advise your child to screenshot any negative messages they receive so the sender can also choose them to delete a message. Simply press and hold the sent message and press delete.

TURN OFF 'QUICK ADD'
'Quick Add' helps friends find each other on the app. This is based on mutual friends or if their number is in their phone book. Explain to your child that this feature can open up their profile to strangers. We highly recommend that your child turns off the 'Quick Add' feature. This can be done in the settings.

RESTRICT STORY VIEWS
Your child can also choose to restrict their story throughout the day which will last for 24 hours. By default, anyone in your child's friends list can see their story. We recommend checking the privacy settings to ensure that this has not been edited. This can simply be done in the app settings under the 'Who Can View My Story' section. The options to choose from are 'My Friends', 'Only you' or 'Custom'. We suggest that it is set to 'My Friends'.

National Online Safety

www.nationalonlinesafety.com | Twitter: @nationalonlinesafety | Facebook: /NationalOnlineSafety

Mrs Hunt's Message and Prayer



Thank you, Jesus, for your healing love.
Help me to follow your example and make time to be
quiet and talk to you if I need to, especially when I am
very busy or finding things hard.
Help me to always remember that I am loved...
Amen

<https://youtu.be/QpD2vTUptv8>

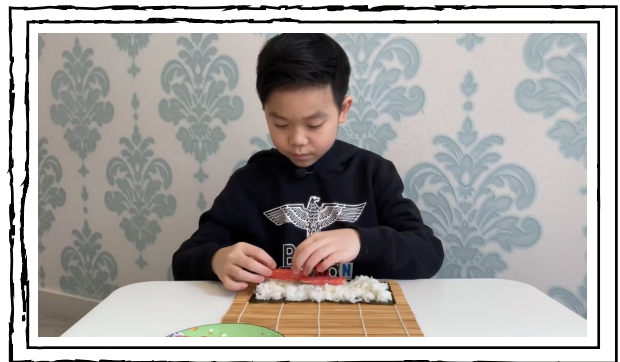
Busy Bally

Bally in Prep 4 has been very busy recently impressing his family, teachers, the EPTA community (European Piano Teacher Association) and the Blue Peter production crew at the BBC with his performances on the keyboard and in the kitchen.

Bally was invited to take part in the EPTA Manchester Zoom Concert during the holidays, he performed Sonatina in G Major, Anh.5 No.1 by Beethoven. But not only is Bally an accomplished pianist he is also masterful in the kitchen producing some delicious 'Three-coloured Sushi Rolls' for which he received a much-coveted Blue Peter Badge.

Well done Bally these are wonderful achievements. You are so talented. It is always so pleasing to see the achievements of our pupils in their hobbies and interests outside of school.

Here is the link to Bally's wonderful piano recital:
<https://youtu.be/ySLdBnTdjmw>



Headteacher's Award Winners

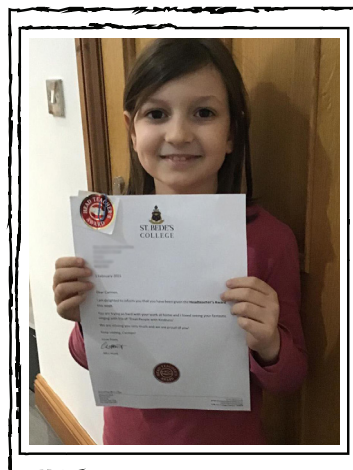
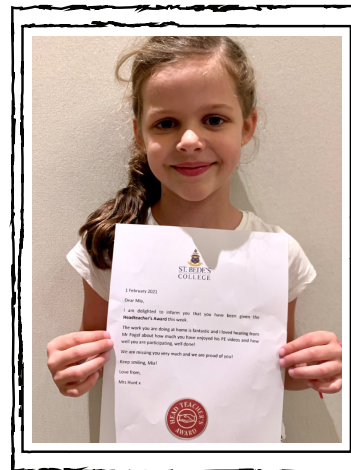
Congratulations to Iria (Prep 5), Carmen, Fia and Emily (Prep 3), Mia, Tudor and Annie (Prep 2) on receiving your Headteacher Awards this week. The work they have been doing at home is amazing and other contributions they have made to their community, school and personal wellbeing are outstanding:

Iria and Carmen produced a music video of themselves singing and dancing to 'Treat People with Kindness', it was beautiful and filled all the teachers with joy.

Emily has joined a local writing group and is writing letters to older members of the community to keep their spirits up as many of them who have little contact with anyone during lockdown. Fia has taken up a new hobby in art and her amazing artwork has impressed everyone; she is studying art from YouTube videos and is making fantastic progress.

Mia and Annie have been keeping active and healthy by following Mr Fogels' PE videos. He has been really impressed with their dedication and attitude to improving their fitness. Tudor's helpfulness and cheerful presence has brought joy to the Prep; he greets everyone with a big beaming smile which really helps cheer them up.

Well done everyone your Headteacher's Awards are so deserved and for such a wonderful variety of reasons.





Reception Class - Remote Learning

Reception Class have amazed us at how well they have navigated the world of online learning at only 4 and 5 years old! During their Topic sessions they have enjoyed learning about Space, Earth and the Solar System. They thought about what they could do to help the Earth and even became an 'Earth Superhero' with the power to clean up our oceans or bring extra ice to the Arctic. They have also shared over 40 amazing books throughout the last 5 weeks and the children at home have also shown us some of their favourites too!



Although life is a little different at the moment, the children have found the things that made them happy and through their Building The Kingdom work, they added a line to their going home prayer that thanked God for something they were grateful for.

Children have brought a smile to their teachers' faces every day! We are all so proud of them all.

