



## Headteacher's Message



The highlight of the week was being part of Magdalene House Mass Celebration. Thank you to everyone for your many acts of kindness during Anti Bullying Week and I look forward to welcoming everyone into the College next week to enjoy our performance of Grease.

**Mrs S Pike**  
Headteacher

### ISAMS Parent Portal

Please can I encourage all parents to look out for the invitation to sign up to the Parent Portal. This provides easy access to your child's reports, conduct and all College related information.

## Magdalene Mass

On Tuesday afternoon, members of Magdalene House gathered in the Chapel to celebrate the Feast Day of Mary Magdalene. Mary was the first to witness the resurrection of Christ and teaches us the value of perseverance. It was a well attended Mass celebrated by Father Evans who spoke of the dedication our namesake showed to Christ and how she overcame the challenges in her life which our pupils also seek to emulate. After the Mass concluded, pupils and staff gathered in the dining hall for some refreshments to continue the celebration. It was a successful and reflective afternoon and I would like to thank Mrs Hibbert for everything she did to organise the Mass and help it run so smoothly.

**Mr Wilson**

## Theme of the Week



### Theme of the Week Christ the King

"I was born for this" John 18:37

#### Challenge:

Sunday is the Feast of Christ the King, it set aside as World Youth Day 2021. We are reminded in the Gospel that Christ is King of heaven and earth. We invite you to think about how you and other young people you know can make your voices heard.



"Do not let people disregard you because you are young." 1 Timothy 4:12. Seek out your role, your purpose in life and let your light shine!

**Prayer:** Jesus, I feel I have so much to offer and so



much I can do but I'm afraid of what my friends might say. Help me to notice where I can make a difference and give me the courage to go for it. Amen.

St Bede- Pray for us





## "Grease is the Word"

As we come to the end of our rehearsals we are all so excited to present to you our 2021 production of 'Grease'. The students have been incredible during this whole experience and process and we are excited to have some final dress rehearsals this weekend and Monday before our first performance in our matinee on Tuesday to our Prep school and invited guests. We then will commence a **SOLD OUT 4 night run of this show**. Thank you to everyone involved and all our supportive parents and community and we look forward to welcoming you next week. Please see below a reminder of the performance times and we hope you enjoy these sneak preview pictures taken from our photo shoot before half term.

Wednesday 24 November	7.00pm
Thursday 25 November	7.00pm
Friday 26 November	7.00pm
Saturday 27 November	6.00pm



St Bede's College presents...

# GREASE

24th-27th November 2021 7pm

ST. BEDE'S COLLEGE

Book, Music, and Lyrics by Jim Jacobs and Warren Casey

\*GREASE\* is presented through special arrangement with and all authorized performance materials are supplied by Theatrical Rights Worldwide (TRW), 122-124 Regent Street, 5th floor, London W1B 5SA, www.theatricalrights.co.uk



## InvestIN Careers Advice

On Monday InvestIN came in to give an interesting talk to the Sixth Form. InvestIN is a UK-based organisation that provides students aged 12-18 with an immersive experience of their dream career. They offer students the chance to experience their dream career before they have even left school. They can provide them with once-in-a-lifetime industry experiences and exclusive insider advice on how to succeed. Will told the students that they could provide access to careers in Law, Medicine, Investment Banking and Engineering. All really good food for thought as the Sixth Form start to ponder their next step.

More Information here: <https://investin.org/>



## Bede's Reads for Mary's Meals

During Advent, Upper Third and Lower Fourth pupils are being encouraged to take part in St Bede's Reads, our annual sponsored read. Pupils set themselves a reading challenge and will be asking family and friends to sponsor their efforts. All money raised will go to Mary's Meals, a charity which provides meals for children in their place of education in some of the poorest countries in the world.

Pupils will receive all the information they need in their English lessons in the next two weeks and we hope that they will enjoy reading while they help provide many meals for hungry children.

Donations can be made through our JustGiving page  
<https://www.justgiving.com/fundraising/stbedesreads>

Mrs Poolton

## Anti-Bullying Week

The Library joined in with Anti-Bullying Week by providing a display of fiction books that explore themes such as bullying, anxiety, friendship and acceptance. We hope these books will help bring to life the power of friendship and kindness. They are all available to borrow. Alongside the books we have a display of some beautiful and powerful posters produced in Upper Fourth Art lessons.



St Bede's College

The place to be

[sbcm.co.uk](http://sbcm.co.uk)

College Entrance Exam  
Saturday 8 January 2022

Contact: [admissions@sbcm.co.uk](mailto:admissions@sbcm.co.uk)

### Minister for Foreign Affairs

On Thursday, our Sixth Form welcomed the former Minister for Foreign Affairs of the Czech Republic and currently a lecturer of International Political Economics at the Charles University in Prague, Dr. Tomas Petricek. They discussed topics such as the current state of the EU, Brexit, and separatist movements across Europe. Dr Petricek also gave an insight into his own experiences and offered advice to any students looking to pursue a career in politics. It certainly gave us all a great deal to think about and it was especially fascinating to gain a keen insight into international geopolitics from a non-British perspective, making us realise we are part of a wider world of international cooperation, tension and diplomacy. Several students remained behind to converse with Dr Petricek who we thank for so generously giving of his time.

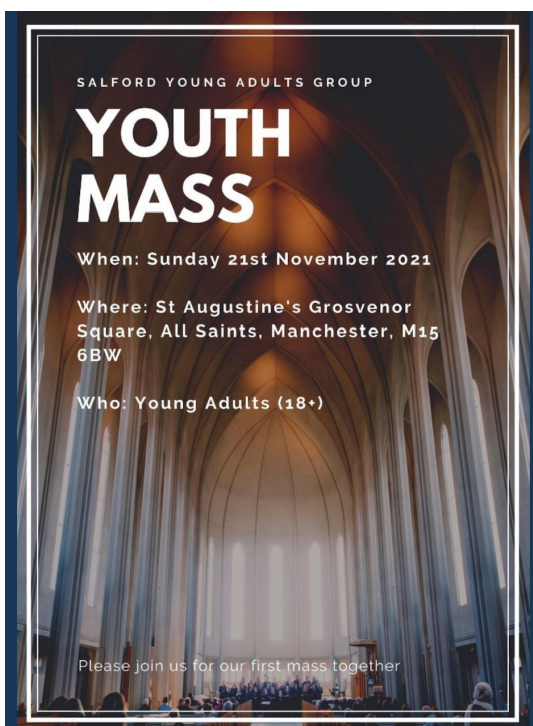


Mr Power

### Young Adults Mass and Social

Sunday 21 November, 5.30pm at St Augustine's Church, Grosvenor St, Manchester, M15 6BW. The Mass (for the Feast of Christ the King) will be followed by a social and all are welcome. For more information, please email: [SalfordYoungAdults@vol.dioceseofsalford.org.uk](mailto:SalfordYoungAdults@vol.dioceseofsalford.org.uk)

Mrs Hibbert



### Upper Third Chapel Lesson

The pupils in Upper Third have been learning about the College Chapel during their RE lessons. The pupils enjoyed learning about the precious items in the Chapel, their meaning and history. They showed particular interest in the relics of the saints in the Chapel's reliquary.



## Safeguarding Tips - A Parent's Guide

A quick weekly guide in one area of Safeguarding from Safeguarding Lead **Mr Sanders**.

According to recent research it isn't medical and engineering careers that dominant the dream jobs of young people, but becoming a social media influencer, app developer and designing video games. While social media influencers can perplex or even enrage those of another generation, for young people they can exert social pressure. Being able to talk to young people about the risks can help parents mitigate them.

Credit National Online Safety.

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.



**Social media influencers** are people who have established credibility in a specific industry and have the power to influence other people's decisions. Most commonly associated with YouTube and Instagram, 'influencers' will usually have a large number of followers and be viewed as authentic by their audience. It is for this reason that many influencers are often paid by big companies to promote their products in the hope of persuading their followers to purchase those goods.



**25K**



### What parents need to know about SOCIAL PRESSURES LINKED TO 'INFLUENCERS'



**AN UNREALISTIC PERCEPTION OF BODY IMAGE**

Some of the most popular social media influencers often depict themselves as having the 'perfect body' and are paid to promote items such as health supplements or swimwear, which young people believe can help them achieve the same look. What is not always realised is that these images can be edited or filtered and aren't always a true-life representation. Your child may feel like this is what they need to look like and in some cases, become obsessed with their body image, which could contribute towards a lower self-esteem or even becoming depressed if they can't achieve the same look.

**BECOMING UNREALISTIC ROLE MODELS**

As children become more and more involved on social media and identify who their favourite people are to follow, they may come to see social media influencers as role models, particularly if they are attracted by the lifestyle they see online. This could lead them into developing potentially unrealistic expectations of life and in some cases, using their role models as an escape from reality, particularly if they feel like their own life isn't very fulfilling.

**ENCOURAGING BAD HABITS**

Although many social media influencers will get paid to advertise brands and their products, they will also post their own material online too, usually depicting their daily life or an activity for example. This may have both desirable and undesirable consequences, with influencers able to inspire both good habits, such as healthy eating, exercise or kindness. However it may also encourage children to adopt bad habits, such as drinking, smoking, swearing or even criminal behaviour, particularly if these are seen to be endorsed by the influencer.

**THE NEED TO HAVE EVERYTHING**

Many social media influencers will take photos or videos of themselves wearing the latest fashion or jewellery which companies want them to promote. They may also be provided with the latest gadgets to promote or, if they are children, toys to play with in order to persuade their followers to purchase them. Many children will be keen to buy these items in order to keep up with the latest trends however if they get left behind, they could be made to feel inadequate or inferior by other children who do have them.

**AUTHENTICITY OF ENDORSEMENTS**

Social media influencers hold a lot of persuasion with their audience and are often looked up to by younger followers. Many children will see them as credible, authentic and trust what they see online. However, some influencers may not always believe in the product they are promoting and therefore can mislead their followers, abusing their level of confidence in them. Your child may therefore find themselves looking up to people who are disingenuous or who feign interest in activities that they themselves do not actually care about.



## Safety Tips for Parents





**FOLLOW WHO THEY FOLLOW**

A good way to see first-hand who may be influencing your child is to create your own social media account and follow the same people they do. This will give you a strong indication of what is shaping how your child behaves, what they like and what they are taking an interest in.

**TALK ABOUT ROLE MODELS**

Role models can play an important part of your child's life, particularly outside of the home. Talk to your child about who they look up to and why. Remind them that not everybody online is who they seem to be and if you do have concerns that your child is being negatively influenced, work with them in finding more positive alternatives.

**BUILD THEIR SELF-ESTEEM**

It's important that your child is aware of how unrealistic perceptions of life can be depicted on social media and that it is easy to be deceived. Discuss with your child how images can be heavily edited, cropped or manipulated to create artificial scenarios and that often the lifestyle that people display on social media isn't always realistic or in fact the truth.

**DISCUSS REALISTIC VS UNREALISTIC EXPECTATIONS**

If you notice your child has suddenly taken a strong interest in the way they look, or you find they are a lot more body conscious, then it's a good idea to speak to them about why they feel that way. If they seem unhappy, try to build their self-esteem by talking to them and listening to their concerns, helping to build their confidence through praise and positivity. Remind them that 'look aren't everything' and not everything they see online is actually a true depiction of real life.

**ENCOURAGE INDEPENDENT THINKING**

Social media influencers can be quite powerful individuals who hold a lot of persuasive power so it's important to encourage your child to think independently about everything they see and engage with online. Talk to them about the dangers of blindly following others and in keeping an open mind when viewing content. Teach them to always question people's motives online, especially when they see individuals are promoting a brand or product which they are likely to have been paid to advertise but may not necessarily personally endorse.

**Meet our expert**

Pete Bath is a writer with over 10+ years in research and analysis. Working within a specialist area for West Yorkshire Police, Pete has contributed work which has been pivotal in successfully winning high profile cases in court as well as writing as a subject matter expert for industry handbooks.



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)    [Twitter - @natonlinesafety](https://twitter.com/natonlinesafety)    [Facebook - /NationalOnlineSafety](https://facebook.com/NationalOnlineSafety)

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## Football News

This weeks block fixture saw four junior fixtures with the seniors afforded a weekend off.

In line with Remembrance Day the school payed their respects, once again, to those who served their country with honour, pride and distinction. Mr Davies played 'the last post' beautifully at St Bede's Sports Ground with a Westholme pupil likewise at the away games. It was true and befitting that all eight teams kept going to the final whistle. Over 50 boys represented and epitomised the Bede's fighting spirit.



### U12 St Bede's 1 - 0 Westholme

An early run down the wing from Marco saw him fouled in the box and he duly stood up to score the penalty. The team shape was very good which allowed us to control the first half with some good attacking play from Gabriel, Marco & Daniel. The second half was a much tighter affair, with players tiring but we showed hunger and determination to defend the clean sheet, Especially from Patrick and Jack.

Goal - Marco x 1

MoM - Jack & Patrick a close second

### U13 Westholme 1 - 9 St Bede's

Westholme started the better of the two teams in the first ten minutes and could have scored two if it wasn't for some fantastic defending. Bede's midfield of Luke, Hamza and Josh then took over and played some really neat football. 3 goals from corners (Femi 2, Divine) and a left foot strike into the top corner from the edge of the box saw us up by four at half time. Second half highlight was a rare goal for Joe K who played as a forward. Westholme scored a late goal their efforts deserved.

Goals - Femi x 2, Josh x 2, Divine, Hamza, Joe, Jack & Luke

MOM - Divine

### U14 Westholme 2 - 9 St Bede's

Bede's played excellent football at times building from the back with some lovely passing through the channels. Tom put in an outstanding performance in the centre of the park with a number of strong runs leading to 5 assists. Alfie and Wilson were tireless running the channels and Rapha was turning defenders for fun as a false 9. Cian was solid at the back as always with Ted and Harry cutting out any Westholme attacks before they could get progress further. Allais le bleu!

Goals - Wilson E x 3, Noah E x 3, Alfie O X 2 & Rapha C x 1

MOM - Tom C

### U15/U16 St Bede's Hybrid 1 - 1 Westholme

An evenly match contest saw the honours shared. Bede's conceded the first goal after a good finish from Westholme forward. A lot of joy was being had in the wide areas in behind for Joy and Michael. The 2nd half saw a determined Bede's side come out in search of a equaliser which duly arrived. Patrick K and Miguel combined well down the left Chanel for Patrick to slot home with coolness personified. Both teams had limited chances thanks to some watertight defences. Lots of positive performances and character shown from the boys, in a competitive game of football.

Goals - Patrick

MOM - Patrick

### Football - Cup Results

#### Greater Manchester Cup

##### U13 St Bede's 4 - 0 Didsbury High

A last 16 tie was a lot closer than the scoreline suggested. Didsbury had the earlier of the chances but failed to convert. The team defended superbly and were more clinical in the final third, taking the lead. That lead was further stretched as the game became more open as opposition looked to get back in the game. A tough game that the boys did superbly in and secured a place in the quarter finals. Well done! Goals - Joe M x 2 Conor x 1 Femi x 1 MOM - Jack M



#### ISFA

##### U15 MGS 3 - 1 St Bede's

Another cup derby and another heartbreaking defeat for the team. After an even first half which saw chances at a premium and a 0 - 0 scoreline the action unfolded after the break. MGS took the lead after a swift attack and finish. Benat equalised after a good team press on the goalkeeper. Chances came and went for Bede's to take the lead and MGS duly punished via deflected shot on the edge of the box with 15 left. Later adding a 3rd to round off the scoring. A good team effort but unfortunately coming up short.

Goal - Benat x 1

MOM - Benat

Many thanks to all the boys that have represented the College so well this term. Massive thank you to all parents for your continued support at Saturday and cup fixtures for the teams.

#### FORZA ST BEDES!

Many Thanks

Mr Brown & Mr Fogel



### Van Gogh Alive

Reception Class to Prep 6 enjoyed a full immersive day of creativity on Tuesday visiting the Van Gogh Alive exhibition in the morning and then an afternoon of painting and creating.

The children all enjoyed the 4D experience of Van Gogh Alive at Media City; the exhibition staff were won over when the children joined in with The Nutcracker Suite with timely and rhythmic claps. Van Gogh's works have been exhibited and admired for over a century - but never like this. It gave the children the unique opportunity to immerse themselves into Van Gogh's artistry and truly venture into his world. The children produced some wonderful pieces of artwork inspired by Van Gogh on canvases which will be displayed in school. Whole school learning experiences like this are so beneficial to our children, the peer-on-peer collaborative learning is essential for their development.







### Netball Returns

After a long wait the girls were finally able to have a netball fixture against Manchester High School for Girls.

We had two teams competing giving the girls lots of court time. One team narrowly lost out 4 - 7, they played some fabulous netball, our defensive trio of Larissa, Francesca L and JoJo were amazing. Our attacking players brought the ball through the court well in Francesca G, Sophie and Imogen. Imogen was the super shooter scoring all of our 4 goals. Lucy B was up and down the court linking the play from defence to attack. Player of the match rightly went to Jojo, she was all over the show defending every ball, jumping and leaping for every interception.

The other team lost 2 - 9, however this does not reflect how they played, the girls thoroughly enjoyed being able to play, all the girls managed to try different positions and turn their hand to something new. Casey did really well at shooting, Zinzile worked hard in centre court. Player of the match went to Iria in her first ever netball match having only joined the netball team at the start of September, she did really well. Miss Sharp and Miss Cunningham are excited for our next match in a few weeks' time. We have things to work on in training and we hope to implement these in our next game.



### Lacrosse

A Prep 6 team played in the first round of the Manchester School Pop Lacrosse Tournament. A team of four boys and four girls were selected, made up by Lucy, Martha, Zinzile, Nell, Luca, Tom, Nathan and Ethan. They have only just begun to play lacrosse so it was a steep learning curve to understand the rules & tactics. After a shaky first game against St. Cuthbert's where they lost 5-0, the team watched some other games and gradually improved as the tournament progressed. The next game v William Hulme was a 1-0 victory, followed by a narrow 4-2 defeat by Withington with the last game ending in a 1-0 victory v Wilbraham Road. The pupils worked hard and really enjoyed the experience.





*Stars of the Week*



*Housepoint Winners*



*Class of the Week - Reception and Prep 1*

### Athletics News

In the first round of the Manchester Schools Sports Hall Indoor Athletics Competition the Prep was represented by six boys & six girls: Tom, Oscar, Alfie, George, Sammy and Cleon-Francesca, Larissa, JoJo, Sophie, Abigail and Irea.



There were many commendable performances including from Tom in the javelin and Abigail and Francesca who won the 2 lap relay. We have been awaiting the final results from the competition to see if the team will progress to the next round. The official results came in on Thursday morning and St Bede's came second overall, therefore we have qualified for the Finals on the 10 January. This is a fantastic achievement. Well done the Prep Athletics Team.

### Monday Motivation

If you tell the truth, you don't have to remember anything.

Mark Twain

### Word of the Week

**Truth**

WISH YOU  
A VERY  
**HAPPY**  
**BIRTHDAY**



PREP 5J **JYSIAH**  
PREP 6C **OSCAR**

### Notices

**Cake Sale on Monday 22 November**  
Nursery and Prep 4 are bringing in cake donations.

**Pupils may bring in some money to buy them.**